



THE MODERN CHRONICLE

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Principal Dr Vijay Datta, along with Mr Pavan Duggal, Dr Kashyapi Awasthi, Ms Rinku Dhugga and the Middle School Headmistress Ms Prabha Bhagat at the Orientation Programme

WHAT'S NEW AT SCHOOL

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Performance by the students of Furtados School of Music

ORIENTATION PROGRAMME

Orientation programme for the parents of students of class S1 was held on Wednesday, 28th March 2018 at the H.L.L Auditorium. The morning was filled with moments of pride and glory for parents, grandparents, teachers and students of Modern School, Barakhamba Road. The programme was organised to make parents familiar with the school.

The Chief Guests for the occasion were Mr Pavan Duggal who briefed the parents about 'Cyber Security', Dr Kashyapi Awasthi who beautifully put forward the role of 'Parents as Educators' and Ms Rinku Dhugga who talked about 'Parenting the Millennial'. Principal Dr Vijay Datta addressed the gathering thereafter by making parents familiar to school's discipline, curriculum, achievements and conveyed how Modern School is proudly responsible for holistic development of its students. Dr Vijay Datta then introduced the Headmistress of Middle Block, Ms Prabha Bhagat who took over the stage and gave an inspiring speech, motivating students to work hard for their future endeavors. The orientation ended with a fantabulous performance by 'Furtados School of Music' followed by high tea where parents interacted with various subject teachers.



Astronomy Club's Excursion to Sariska

Astronomy Club of Modern School organised a two day trip to Astroport, Sariska from 24th March 2018 to 25th March 2018. Students took a tour of the Astroport

along with the space instructor. They were introduced to the concept of organic farming, its procedures and benefits. They witnessed an actual on-site polyhouse followed by the sunset and the gradual appearance of the stars in the sky. A cultural program was organised for the students and the teachers after which the students began their observation activities. It was an exceptional experience for the Module 2 members as the overnight stay was full of new concepts like astrophotography, witnessing Messier objects, using barn door tracker and photo processing.



Students at Astroport Sariska

They learnt about the different modes and buttons of the DSLR camera, how to operate it and how to click pictures of the celestial objects of the sky and attempted clicking pictures of the moon. They used the telescope to click a close-up picture of the moon in which the craters of the moon could be seen clearly. They got to know about the objects in the sky that cannot be seen with the naked eye (the star clusters, nebulae and galaxies). They saw the planets like Venus, Mars, Jupiter and Saturn so clearly that the rings of Saturn and a few moons of Jupiter were also visible. Moving on to the next part of the session, the students were shown the difference between the pictures clicked with and without the barn door tracker which helps to prevent any star trails in the picture of the night sky. The trip was a scholarly initiative with fun filled academic activities undertaken by some of the brightest stars of Modern School.

TEACHER TRAINING WORKSHOPS

• Session on Learning Disabilities

An interactive session on Learning Disabilities was organized on 27th February 2018 for all the teachers of Modern School. The Guest Speaker Ms. Geetika Kapoor, Specialist in Education Nationally Certified School Psychologist (NCSP), USA conducted the session.

The session aimed at helping teachers understand the problems faced by children with learning disabilities and empower them with some basic strategies that would help them in effectively dealing with such issues in the class.



Principal Dr Vijay Datta along with the teachers at the workshop held at the H.L.L Auditorium

It is difficult for these students to manage deadlines and follow the general classroom teaching, as the pressure of curriculum and expectations in terms of performance increase. The teachers learnt helpful ways by which they can deal with the students with learning disabilities effectively in a classroom.

• Session on Sensitizing Teachers on Labelling Students



Brainstorming Session with the teachers during the workshop conducted at the PJB

A workshop for Senior and Senior Secondary teachers was held at the Resource Room, PJB on 28th February 2018. The session was facilitated by faculty of Modern School, Ms Sushma Singh (Senior Psychologist), Ms Ritu Dhingra (Senior Psychologist), Ms Shweta Kapur Grover (Special Educator) and Ms Deepika Masiwal (Psychologist).

A video on 'Every Kid Needs a Champion' by Rita Pierson (Ted Talk for teachers) was shown before the activity to develop an insight and motivate them. Two separate hypothetical situations on accidental labelling by teachers were given to the teachers who were divided into a group of

six. Each group was given 30 minutes to brainstorm and come up with their plan of action as a team. Post 30 minutes of brainstorming and sharing of ideas and assistance from psychologist and special educator each group was asked to present their plan of action via role modeling. The teachers found the 'workshop on sensitization' to be very beneficial and insightful. The information was easy to understand, coupled with practical strategies and activities which helped them to feel more equipped in helping students. The workshop greatly expanded the understanding of mindfulness and gave them great insight of how it can be used and taught to develop student's self-awareness and self-management skills.



• *Session on Managing Conflict with Parents*

Workshop on 'Managing Conflict with Parents' was held on 7th March 2018, for the senior school teachers. The aim of the three-hour session was to empower

teachers in managing conflict situations, to be present to it, understand and appreciate perspectives and applying resolution strategies. The workshop was facilitated by Ms Ritu Dhingra (Consultant Senior Psychologist and Life Coach). The activities on situation analysis and listening in pairs through index cards were indeed an experiential learning for the teachers. Reflective exercise on three conflict resolution skills namely, Orientation, Perception and Emotional Skills was elucidated by Ms Dhingra in detail while concluding the workshop.

• *Session on Understanding Sexuality in Adolescents*



Interactive session at the workshop conducted by Ms Ritu Dhingra

Workshop on 'Understanding Sexuality in Adolescents' was conducted by Ms Ritu Dhingra (Consultant Senior Psychologist and Life Coach) on 27th March 2018, for middle school teachers. With the overflow of information on social media and other internet services it becomes mandatory to keep abreast with the changing interpretations of adolescents on sexuality.

The fish bowl and group activities were enjoyed by the teachers. They addressed issues like sexual identity, myths and taboos in society. The two-hour long session highlighted the importance of understanding sexual orientation, and a clearer understanding of its impact on children's psyche and behaviour.

• *SRJNA Workshop for Science Teachers*

A training session was held by SRJNA on 26th March 2018 for the science teachers. In the interactive session new teaching aids for Light and Electricity were demonstrated and introduced to the teachers. Various activities from the topics of Physics and Chemistry were conducted. The lesson plans for the upcoming session were discussed with the teachers. A review sheet was filled by the teachers for a general feedback.



Teachers at the Workshop Conducted By SRJNA